

SCVAC LEAGUE - KENT DIVISIONS - Tonbridge School, Tonbridge 02/06/2023

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	F3	Duayne Bovell	Blackheath & Bromley H AC	11.2
2	T3	Benjamin Richardson	Tonbridge AC	11.8
3	D3	Richard Brooks (M45)	Dartford Harriers AC	12.2
4	C3	Michael Pape (M50)	Cambridge Harriers	13.7
5	J3	Simon Horler (M40)	Bromley Vets	14.2

M35 800m

1	C3	Chris Loudon	Cambridge Harriers	2:02.8
2	T4	Steven Tester (M40)	Tonbridge AC	2:03.9
3	F3	Christian Clement	Blackheath & Bromley H AC	2:10.1
4	D3	Andrew Pickett (M40)	Dartford Harriers AC	2:10.3
5	J3	Simon Horler (M40)	Bromley Vets	2:21.2

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Steven Tester (M40)	Tonbridge AC	11.7
2	F4	Ashley Reid (M40)	Blackheath & Bromley H AC	12.1
3	D4	Steve Foy	Dartford Harriers AC	12.4
4	J4	James Willingham (M45)	Bromley Vets	13.9
5	C4	Constantine Serugo (M50)	Cambridge Harriers	14.2

4x100m Relays

1	T3	Tonbridge AC	Stephen Daly (M50), Steven Tester (M40), Mark McAllister (M50), Benjamin Richardson	47.4
2	D3	Dartford Harriers AC	Adam Bernard, Richard Brooks (M45), Steve Foy, Stuart McNally (M45)	48.5
3	F3	Blackheath & Bromley H AC	Ashley Reid (M40), Ian Firla (M50), Timothy Ayres, Duayne Bovell	48.7
4	C3	Cambridge Harriers	Wole Odele (M55), Michael Pape (M50), Paris Hunt (M60), Chris Loudon	55.0
5	J3	Bromley Vets	Jason Short (M50), James Willingham (M45), Jonathan Wilson (M55), Simon Horler (M40)	59.5

M35 High Jump

1	D3	Adam Bernard	Dartford Harriers AC	1.50
2	T3	Stephen Daly (M50)	Tonbridge AC	1.35
3	J3	James Willingham (M45)	Bromley Vets	1.30
4	F3	Timothy Ayres	Blackheath & Bromley H AC	1.20
5	C3	Micheal Pape (M50)	Cambridge Harriers	1.15

M35 Javelin

1	F3	Alex Pope	Blackheath & Bromley H AC	37.02
2	D3	Richard Nash (M45)	Dartford Harriers AC	35.49
3	T3	Mark McAllister (M50)	Tonbridge AC	33.51
4	J3	Simon Horler (M40)	Bromley Vets	22.44
5	C3	Peter Wishart (M60)	Cambridge Harriers	18.15

M50 100m

1	T5	Mark McAllister	Tonbridge AC	12.2
2	F5	Ian Firla	Blackheath & Bromley H AC	12.9
3	C5	Wole Odele (M55)	Cambridge Harriers	13.2
4	D5	Gary Capon (M60)	Dartford Harriers AC	14.7
5	J5	Jason Short	Bromley Vets	15.0
6	P5	Les Percival (M65)	Paddock Wood	16.3

M50 800m

1	T5	Nicholas Arnott	Tonbridge AC	2:18.6
2	D5	Reuben Burford	Dartford Harriers AC	2:19.5
3	F5	Ian Firla	Blackheath & Bromley H AC	2:23.9
4	C5	Wole Odele (M55)	Cambridge Harriers	2:26.4
5	P5	Robert Everitt	Paddock Wood	2:30.8
6	J5	Peter Johnson (M55)	Bromley Vets	2:36.4

M50 High Jump

1	C5	Wole Odele (M55)	Cambridge Harriers	1.40
2	D5	Gary Capon (M60)	Dartford Harriers AC	1.40
3	T5	Alex Slack	Tonbridge AC	1.35
4	J5	Jonathan Wilson (M55)	Bromley Vets	1.25
5	P5	Trevor Crysell (M55)	Paddock Wood	1.25
6	F5	Luca Ercolani	Blackheath & Bromley H AC	1.20

M50 Javelin

1	F5	Stephen Langdon (M65)	Blackheath & Bromley H AC	37.35
2	D5	John Fenton (M65)	Dartford Harriers AC	33.16
3	C5	Paris Hunt (M60)	Cambridge Harriers	32.53
4	T5	Ian Crawley (M60)	Tonbridge AC	28.32
5	J5	Simon Powell (M55)	Bromley Vets	15.89

M60 800m

1	T6	Ian Crawley	Tonbridge AC	2:35.7
2	C6	Martin Leat	Cambridge Harriers	2:36.7
3	D6	Mark Kybert	Dartford Harriers AC	2:42.9
4	J6	Ray Chapman	Bromley Vets	2:50.9
5	F6	Mark Ellison	Blackheath & Bromley H AC	2:54.5

M60 High Jump

1	T6	Ian Crawley	Tonbridge AC	1.35
2	C6	Paris Hunt	Cambridge Harriers	1.30
3	D6	Mark Kybert	Dartford Harriers AC	1.20
4	J6	Tony Unseld (M75)	Bromley Vets	1.05
5	F6	Alan Hardy	Blackheath & Bromley H AC	0.85

Match Details			Overall Details		
	Mt Pts	Pts		Tot Mt Pts	Tot Pts
1 Tonbridge AC	6	68	1 Tonbridge AC	18	216
2 Dartford Harriers AC	5	57	2 Dartford Harriers AC	15	182
3 Blackheath & Bromley H AC	4	51	3 Blackheath & Bromley H AC	12	172
4 Cambridge Harriers	3	50	4 Cambridge Harriers	9	143
5 Bromley Vets	2	32	5 Bromley Vets	6	98
6 Paddock Wood	1	5	6 Paddock Wood	3	31

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Men - Division 2

A String			
Pos	Club	Athlete	Perf

M35 100m

1	M3	Mark Rothery (M45)	Medway & Maidstone AC	12.2
2	A3	Peter Davey (M45)	Ashford AC	12.7
3	B3	Martin Lloyd (M40)	Bexley AC	13.1
4	G3	Johnnie Arnould (M40)	Central Park Athletics	13.1
5	S3	Gary Walsh (M55)	Sevenoaks AC	15.9

B String			
Pos	Club	Athlete	Perf

1	A4	Daniel Ofosu (M40)	Ashford AC	12.6
2	M4	Darren Wright (M45)	Medway & Maidstone AC	13.5
3	B4	Martin Jenner	Bexley AC	14.9
4	G4	James Carney (M50)	Central Park Athletics	15.6
5	S4	Duncan Cochrane (M65)	Sevenoaks AC	18.1

M35 800m

1	M3	Andrejs Safars	Medway & Maidstone AC	2:10.4
2	G3	Neil Arnould (M40)	Central Park Athletics	2:18.3
3	A3	Richard Huckstepp (M40)	Ashford AC	2:18.9
4	B3	Jon Fish (M45)	Bexley AC	2:25.9
5	S3	Gary Walsh (M55)	Sevenoaks AC	2:53.9

1	M4	Sean Rodwell	Medway & Maidstone AC	2:24.6
2	A4	Andrew Davies (M40)	Ashford AC	2:27.6
3	G4	Antony Hylton (M45)	Central Park Athletics	2:28.4
4	B4	Martin Jenner	Bexley AC	2:29.9
5	S4	Keith Dowson (M60)	Sevenoaks AC	2:58.8

4x100m Relays

1	M3	Medway & Maidstone AC	Darren Wright (M45), Mark Rothery (M45), John Foster (M50), Andrejs Safars	52.1
2	A3	Ashford AC	Richard Huckstepp (M40), Peter Davey (M45), Andrew Davies (M40), Daniel Ofosu (M40)	52.1
3	G3	Central Park Athletics	Johnnie Arnould (M40), James Carney (M50), John Arnould (M65), Neil Arnould (M40)	58.1
4	B3	Bexley AC	Jon Fish (M45), Martin Jenner, Andrew Rushbrook (M60), Graham Holder (M50)	59.6
5	S3	Sevenoaks AC	Gary Walsh (M55), Sham Pickard (M50), Graham Dwyer (M50), Duncan Cochrane (M65)	68.1

M35 High Jump

1	B3	Martin Lloyd (M40)	Bexley AC	1.60
2	A3	Peter Davey (M45)	Ashford AC	1.55
3	M3	Andrejs Safars	Medway & Maidstone AC	1.55
4	G3	Neil Arnould (M40)	Central Park Athletics	1.30

M35 Javelin

1	M3	Sean Rodwell	Medway & Maidstone AC	31.96
2	B3	Martin Lloyd (M40)	Bexley AC	30.38
3	A3	Daniel Ofosu (M40)	Ashford AC	29.59
4	G3	Jamie Bushnell	Central Park Athletics	24.15
5	S3	Gary Walsh (M55)	Sevenoaks AC	5.40

M50 100m

1	M5	John Foster	Medway & Maidstone AC	14.3
2	S5	Graham Dwyer	Sevenoaks AC	14.4
3	A5	Stephen Langford (M60)	Ashford AC	14.7
4	B5	Graham Holder	Bexley AC	15.4
5	G5	John Arnould (M65)	Central Park Athletics	16.3

M50 800m

1	A5	Ian King	Ashford AC	2:30.2
2	B5	Alan Perryman (M55)	Bexley AC	2:32.2
3	M5	Alun Rodgers (M55)	Medway & Maidstone AC	2:33.7
4	S5	Graham Dwyer	Sevenoaks AC	2:35.2
5	G5	Paul Cheeseman	Central Park Athletics	2:37.6

M50 High Jump

1	G5	James Carney	Central Park Athletics	1.40
2	S5	Graham Dwyer	Sevenoaks AC	1.25
3	M5	John Foster	Medway & Maidstone AC	1.20
3	B5	Andrew Rushbrook (M60)	Bexley AC	1.20
5	A5	Ian King	Ashford AC	1.05

M50 Javelin

1	M5	Wynn Howe (M60)	Medway & Maidstone AC	30.61
2	A5	Christopher Hobbs (M65)	Ashford AC	30.04
3	B5	Graham Holder	Bexley AC	27.73
4	G5	James Carney	Central Park Athletics	24.37
5	S5	Duncan Cochrane (M65)	Sevenoaks AC	9.74

M60 800m

1	M6	Robert Fursey	Medway & Maidstone AC	2:49.6
2	A6	Kevin Williams	Ashford AC	3:02.1
3	S6	Duncan Cochrane (M65)	Sevenoaks AC	3:05.0
4	G6	Peter Thomas (M65)	Central Park Athletics	3:15.5
5	B6	John Gates	Bexley AC	3:17.3

M60 High Jump

1	A6	Michael Goodall (M70)	Ashford AC	1.20
2	B6	John Bancroft	Bexley AC	1.15
3	M6	Rob Sibley (M65)	Medway & Maidstone AC	1.05
3	S6	Keith Dowson	Sevenoaks AC	1.05

Match Details

1	Medway & Maidstone AC	6	68	1	Medway & Maidstone AC	15	186
2	Ashford AC	5	62	2	Bexley AC	15	185.5
3	Bexley AC	4	50.5	3	Ashford AC	14.5	183
4	Central Park Athletics	3	41	4	Central Park Athletics	9.5	138
5	Sevenoaks AC	2	34.5	5	Sevenoaks AC	5	68.5
				6	Swan & Dist/ Eynesford RC	3	29

Mens Non Scoring Results

M35

800m

Nick Beer (M35)	Tonbridge AC	2:13.7
Steve Hough (M45)	Blackheath & Bromley H AC	2:27.5
Timothy Ayres (M35)	Blackheath & Bromley H AC	2:31.7
Moneil Patel (M35)	Central Park Athletics	3:15.4

M50

100m

Tom Phillips (M65)	Blackheath & Bromley H AC	14.5
Timothy Carter (M70)	Cambridge Harriers	14.7
Ray Chapman (M65)	Bromley Vets	16.0
Christopher Marshall (M75)	Bromley Vets	17.6

800m

Richard Preston (M50)	Tonbridge AC	2:32.1
Antony Fullbrook (M55)	Tonbridge AC	2:41.2
Jonathan Wilson (M55)	Bromley Vets	2:47.0
Jason Short (M50)	Bromley Vets	2:53.8

M60**800m**

John Gurney (M65)	Dartford Harriers AC	2:43.9
Kenneth Daniel (M70)	Blackheath & Bromley H AC	2:57.6
Timothy Orr (M65)	Dartford Harriers AC	3:08.8
Chris Read (M70)	Bromley Vets	3:12.8
Christopher Marshall (M75)	Bromley Vets	3:34.6

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Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

1	F3	Louisa Vallins (W45)	Blackheath & Bromley H AC	13.0
2	D3	Hannah Carson	Dartford Harriers AC	13.6
3	T3	Suzanne Bachelor (W40)	Tonbridge AC - A	14.7
4	C3	Lucy Marlow	Cambridge Harriers	16.4
5	G3	Kate Clarke (W40)	Central Park Athletics	17.3

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Daniela Sage (W45)	Blackheath & Bromley H AC	14.1
2	D4	Kirstie Cooper (W45)	Dartford Harriers AC	14.7
3	T4	Nina Ridge (W45)	Tonbridge AC - A	14.9
4	G4	Coralie Charles	Central Park Athletics	17.6
5	C4	Maggie Illingworth (W45)	Cambridge Harriers	19.2

W35 800m

1	D3	Tereza Grainger-Francova	Dartford Harriers AC	2:30.2
2	C3	Lucy Marlow	Cambridge Harriers	2:34.9
3	F3	Ashley Pearson (W45)	Blackheath & Bromley H AC	2:35.8
4	T3	Charlotte Warren	Tonbridge AC - A	2:39.5
5	G3	Anoushka Johnson (W45)	Central Park Athletics	2:54.6

1	D4	Rebecca Miah	Dartford Harriers AC	2:40.9
2	F4	Aurelia Osborne (W45)	Blackheath & Bromley H AC	2:47.0
3	T4	Nina Ridge (W45)	Tonbridge AC - A	2:50.4
4	G4	Coralie Charles	Central Park Athletics	2:57.9
5	C4	Maggie Illingworth (W45)	Cambridge Harriers	3:00.4

4x100m Relays

1	D3	Dartford Harriers AC	Claire Capon, Hannah Carson, Kirstie Cooper (W45), Kimberley Taylor (W45)	57.1
2	T3	Tonbridge AC - A	Nina Ridge (W45), Suzanne Bachelor (W40), Diane Wright (W50), Charlotte Warren	57.6
3	F3	Blackheath & Bromley H AC	Aurelia Osborne (W45), Ashley Pearson (W45), Daniela Sage (W45), Louisa Vallins (W45)	58.5
4	G3	Central Park Athletics	Kate Clarke (W40), Caroline Curtis (W50), Kelly Noble (W45), Coralie Charles	71.7
5	C3	Cambridge Harriers	Lucy Marlow, Joanne Murphy (W60), Rose Baker (W55), Maggie Illingworth (W45)	73.2
6	B3	Bexley AC	Sam Ansell (W50), Wendy Masters (W50), Angela Duffy Smart (W50), Liz Slater (W65)	73.3

W35 Pole Vault

1	T3	Angie Crush (W45)	Tonbridge AC - A	1.85
2	D3	Claire Capon	Dartford Harriers AC	1.75

W35 Javelin

1	T3	Charlotte Nicholls	Tonbridge AC - A	23.62
2	C3	Natalie Mann	Cambridge Harriers	19.32
3	D3	Kirstie Cooper (W45)	Dartford Harriers AC	17.85
4	B3	Wendy Masters (W50)	Bexley AC	12.09
5	G3	Kelly Noble (W45)	Central Park Athletics	11.42
6	F3	Ashley Pearson (W45)	Blackheath & Bromley H AC	5.83

W50 100m

1	T5	Diane Wright	Tonbridge AC - A	14.4
2	B5	Wendy Masters	Bexley AC	14.9
3	G5	Caroline Curtis	Central Park Athletics	17.3
4	C5	Rose Baker (W55)	Cambridge Harriers	20.4
5	D5	Julie Hibbard (W55)	Dartford Harriers AC	20.8
6	F5	Maz Turner (W70)	Blackheath & Bromley H AC	22.4

W50 800m

1	T5	Lisa Knight	Tonbridge AC - A	2:42.8
2	B5	Angela Duffy Smart	Bexley AC	2:58.6
3	C5	Rose Baker (W55)	Cambridge Harriers	3:17.4
4	G5	Ashley O'Brien	Central Park Athletics	3:19.2
5	F5	Helen Godsell (W65)	Blackheath & Bromley H AC	3:23.9
6	D5	Stephanie Wood (W55)	Dartford Harriers AC	3:27.8

W50 Javelin

1	T5	Sally Vine (W55)	Tonbridge AC - A	21.11
2	C5	Christine Bond (W55)	Cambridge Harriers	13.98
3	B5	Sam Ansell	Bexley AC	11.70
4	D5	Teresa Eades (W60)	Dartford Harriers AC	9.04
5	G5	Janet Pyne (W75)	Central Park Athletics	6.76
6	F5	Maz Turner (W70)	Blackheath & Bromley H AC	4.92

W60 100m

1	F6	Helen Godsell (W65)	Blackheath & Bromley H AC	15.2
2	C6	Joanne Murphy	Cambridge Harriers	17.3
3	G6	Ann Komzolik	Central Park Athletics	18.4
4	B6	Liz Slater (W65)	Bexley AC	21.4
5	T6	Sue James (W70)	Tonbridge AC - A	22.6

W60 Javelin

1	D6	Anne Thacker	Dartford Harriers AC	15.79
2	T6	Diane Bradley	Tonbridge AC - A	12.72
3	B6	Liz Slater (W65)	Bexley AC	11.71
4	C6	Joanne Murphy	Cambridge Harriers	11.16
5	F6	Maureen Miller	Blackheath & Bromley H AC	8.45
6	G6	Ann Komzolik	Central Park Athletics	8.08

Match Details

	Mt Pts	Pts
1 Tonbridge AC - A	6	52
2 Dartford Harriers AC	5	43
3 Cambridge Harriers	4	37
4 Blackheath & Bromley H AC	3	34
5 Central Park Athletics	2	26
6 Bexley AC	1	24

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	18	177
2 Dartford Harriers AC	12	130
3 Bexley AC	10	117
4 Cambridge Harriers	9.5	121
5 Blackheath & Bromley H AC	9.5	119
6 Central Park Athletics	4	95

SCVAC LEAGUE - KENT DIVISIONS - Tonbridge School, Tonbridge 02/06/2023

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

1	M3	Rachel Hicks	Medway & Maidstone AC	14.0
2	N3	Sarah Westrap (W45)	Tonbridge AC - B	15.2
3	J3	Rachel Perry (W45)	Bromley Vets	15.2
4	S3	Rebecca Pickard (W45)	Sevenoaks AC	16.0

B String				
Pos	Club	Athlete	Club	Perf

1	J4	Joanne Kelly (W45)	Bromley Vets	15.8
2	M4	Bernadette Harrop (W45)	Medway & Maidstone AC	15.9
3	N4	Nicola Summerfield	Tonbridge AC - B	16.0

W35 800m

1	M3	Chloe Hammond (W40)	Medway & Maidstone AC	2:38.7
2	S3	Rebecca Pickard (W45)	Sevenoaks AC	2:39.2
3	J3	Rachel Perry (W45)	Bromley Vets	2:44.5
4	N3	Elizabeth Owen (W45)	Tonbridge AC - B	2:50.3

1	M4	Antel Muller	Medway & Maidstone AC	2:48.8
2	N4	Penny Pilbeam (W50)	Tonbridge AC - B	2:56.4
3	J4	Joanne Kelly (W45)	Bromley Vets	3:02.8

4x100m Relays

1	M3	Medway & Maidstone AC	Bernadette Harrop (W45), Antel Muller, Chloe Hammond (W40), Rachel Hicks	63.1
2	N3	Tonbridge AC - B	Theresa White (W50), Sarah Westrap (W45), Penny Pilbeam (W50), Elizabeth Owen (W45)	70.5
3	J3	Bromley Vets	Joanne Kelly (W45), Sarah Hawkins (W50), Anne Unseld (W70), Rachel Perry (W45)	74.1

W35 Pole Vault

1	P3	Elizabeth Bignell (W40)	Paddock Wood	1.75
2	M3	Rachel Hicks	Medway & Maidstone AC	1.25
	N3	Nicola Summerfield	Tonbridge AC - B	nm

W35 Javelin

1	P3	Elizabeth Bignell (W40)	Paddock Wood	22.87
2	N3	Sarah Westrap (W45)	Tonbridge AC - B	14.22
3	M3	Catherine Rodwell	Medway & Maidstone AC	12.10
4	S3	Rebecca Pickard (W45)	Sevenoaks AC	10.20
5	J3	Joanne Kelly (W45)	Bromley Vets	8.44

W50 100m

1	M5	Karen Cudmore	Medway & Maidstone AC	15.1
2	N5	Penny Pilbeam	Tonbridge AC - B	18.4
3	J5	Sarah Hawkins	Bromley Vets	20.6

W50 800m

1	M5	Karen Cudmore	Medway & Maidstone AC	2:47.8
2	N5	Theresa White	Tonbridge AC - B	3:29.6
3	J5	Sarah Hawkins	Bromley Vets	3:55.3

W50 Pole Vault

	M5	Karen Cudmore	Medway & Maidstone AC	nm
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W50 Javelin

1	M5	Vanessa Hannam	Medway & Maidstone AC	26.57
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W60 100m

1	P6	Teresa Hinton	Paddock Wood	18.3
2	J6	Anne Unseld (W70)	Bromley Vets	20.4

W60 Javelin

1	P6	Teresa Hinton	Paddock Wood	11.18
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Match Details	Mt Pts	Pts
1 Medway & Maidstone AC	6	56
2 Bromley Vets	4.5	37
2 Tonbridge AC - B	4.5	37
4 Paddock Wood	3	24
5 Sevenoaks AC	2	11

Overall Details	Tot Mt Pts	Tot Pts
1 Medway & Maidstone AC	18	183
2 Tonbridge AC - B	13.5	131
3 Bromley Vets	13.5	112
4 Paddock Wood	8	72
5 Swan & Dist/ Eynesford RC	5	38
6 Sevenoaks AC	3	18

Womens Non Scoring Results

W35

100m

Kalina Detko (W40)	Dartford Harriers AC	15.2
Jane Crawley (W45)	Dartford Harriers AC	16.6

800m

Taryne McPherson (W45)	Medway and Maidstone AC	2:45.0
Katy Sugden (W45)	Blackheath & Bromley H AC	2:45.6