

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	F3	Duayne Bovell	Blackheath & Bromley H AC	23.4
2	T3	Steven Tester (M40)	Tonbridge AC	24.0
3	D3	Steve Foy	Dartford Harriers AC	24.7
4	C3	Abdela Kelifa	Cambridge Harriers	24.8
5	P3	Robert Bowie (M50)	Paddock Wood	29.1
6	J3	Simon Horler (M40)	Bromley Vets	43.0

M35 1500m

1	C3	Chris Loudon	Cambridge Harriers	4:10.0
2	D4	Robert Jackaman	Dartford Harriers AC	4:13.6
3	T3	Daniel Bradley	Tonbridge AC	4:16.0
4	F3	David Adams	Blackheath & Bromley H AC	4:29.9
5	J4	Peter Johnson (M55)	Bromley Vets	5:11.7
6	P3	Robert Bowie (M50)	Paddock Wood	5:29.0

M35 2000m Walk

1	F3	Matthew Ellerton (M45)	Blackheath & Bromley H AC	11:30.8
2	C3	Mark Culshaw (M55)	Cambridge Harriers	11:35.4
3	J3	Jason Short (M50)	Bromley Vets	13:51.3
	T3	Jacek Traczynski	Tonbridge AC	disq
	D3	Richard Nash (M45)	Dartford Harriers AC	disq

M35 High Jump

1	D3	Adam Bernard	Dartford Harriers AC	1.51
2	T3	Luke Williams	Tonbridge AC	1.36
3	C3	Paris Hunt (M60)	Cambridge Harriers	1.31
4	F3	Ian Firla (M50)	Blackheath & Bromley H AC	1.21
5	J3	James Willingham (M45)	Bromley Vets	1.16

M35 Shot

1	C3	Steven Marlow	Cambridge Harriers	9.89
2	T3	Ian Crawley (M60)	Tonbridge AC	8.99
3	F3	Timothy Ayres	Blackheath & Bromley H AC	7.60
4	J3	Simon Horler (M40)	Bromley Vets	6.93

M35 Javelin

1	T3	Luke Williams	Tonbridge AC	33.59
2	D3	Richard Nash (M45)	Dartford Harriers AC	33.21
3	F3	Timothy Ayres	Blackheath & Bromley H AC	26.89
4	J3	Simon Horler (M40)	Bromley Vets	11.10
	C3	Steven Marlow	Cambridge Harriers	nm

M50 200m

1	T5	Mark McAllister	Tonbridge AC	25.5
2	F5	Ian Firla	Blackheath & Bromley H AC	26.3
3	C5	Wole Odele (M55)	Cambridge Harriers	26.6
4	D5	Reuben Burford	Dartford Harriers AC	27.8
5	J5	Tim Sowter (M55)	Bromley Vets	29.0

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Ashley Reid (M40)	Blackheath & Bromley H AC	25.1
2	D4	Adam Bernard	Dartford Harriers AC	25.3
3	T4	Stephen Daly (M50)	Tonbridge AC	26.6
4	J4	James Willingham (M45)	Bromley Vets	27.9
5	C4	Steven Marlow	Cambridge Harriers	30.5
6	P4	Les Percival (M65)	Paddock Wood	32.8

1	D3	Andrew Pickett (M40)	Dartford Harriers AC	4:17.3
2	C4	Edmund Adigwe (M45)	Cambridge Harriers	4:29.2
3	T4	Tom Woolley (M40)	Tonbridge AC	4:39.8
4	F4	Micah Evans (M40)	Blackheath & Bromley H AC	4:49.7
5	J3	Simon Horler (M40)	Bromley Vets	6:42.5

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 1500m

1	T5	Nicholas Arnott	Tonbridge AC	4:42.1
2	D5	Reuben Burford	Dartford Harriers AC	4:43.1
3	P5	Steve Wright	Paddock Wood	4:49.5
4	F5	Luca Ercolani	Blackheath & Bromley H AC	4:51.2
5	J5	Gavin Kitchingham (M55)	Bromley Vets	4:51.2
6	C5	Dom Fiore	Cambridge Harriers	4:59.0

M50 2000m Walk

1	C5	Mark Ashby (M60)	Cambridge Harriers	12:02.9
2	T5	Richard Christian (M55)	Tonbridge AC	12:51.9
3	J5	Nigel Bulmer (M55)	Bromley Vets	13:41.8
4	D5	Stephen Talbot	Dartford Harriers AC	13:56.6
5	F5	Luca Ercolani	Blackheath & Bromley H AC	16:00.4
	P5	Trevor Crysell (M55)	Paddock Wood	disq

M50 High Jump

1	D5	Gary Capon (M60)	Dartford Harriers AC	1.46
2	C5	Wole Odele (M55)	Cambridge Harriers	1.46
3	T5	Stephen Daly	Tonbridge AC	1.41
4	J5	Jonathan Wilson (M55)	Bromley Vets	1.21
5	F5	Clement Leon (M65)	Blackheath & Bromley H AC	1.16
	P5	Trevor Crysell (M55)	Paddock Wood	nm

M50 Shot

1	T5	Mark McAllister	Tonbridge AC	10.47
2	D5	John Fenton (M65)	Dartford Harriers AC	9.75
3	C5	Peter Wishart (M60)	Cambridge Harriers	9.20
4	F5	Roger Platt	Blackheath & Bromley H AC	8.28
5	J5	Simon Powell (M55)	Bromley Vets	7.42
6	P5	Steve Wright	Paddock Wood	6.11

M50 Javelin

1	T5	Mark McAllister	Tonbridge AC	33.57
2	C5	Paris Hunt (M60)	Cambridge Harriers	30.85
3	D5	Gary Capon (M60)	Dartford Harriers AC	24.66
4	F5	Roger Platt	Blackheath & Bromley H AC	19.38
5	P5	Trevor Crysell (M55)	Paddock Wood	16.98
6	J5	Nigel Bulmer (M55)	Bromley Vets	15.04

M60 1500m

1	T6	Graeme Saker	Tonbridge AC	5:06.0
2	D6	Mark Kybert	Dartford Harriers AC	5:10.8
3	F6	Mark Ellison	Blackheath & Bromley H AC	5:21.1
4	C6	Ian McCarthy (M65)	Cambridge Harriers	6:11.6

M60 Javelin

1	F6	Stephen Langdon (M65)	Blackheath & Bromley H AC	38.94
2	D6	John Fenton (M65)	Dartford Harriers AC	35.48
3	T6	Ian Crawley	Tonbridge AC	31.21
4	C6	Peter Wishart	Cambridge Harriers	19.70

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

Match Details		Mt Pts	Pts
1	Tonbridge AC	6	76
2	Dartford Harriers AC	5	67
3	Blackheath & Bromley H AC	4	63
4	Cambridge Harriers	3	62
5	Bromley Vets	2	34
6	Paddock Wood	1	11

Overall Details		Tot Mt Pts	Tot Pts
1	Tonbridge AC	24	292
2	Dartford Harriers AC	20	249
3	Blackheath & Bromley H AC	16	235
4	Cambridge Harriers	12	205
5	Bromley Vets	8	132
6	Paddock Wood	4	42

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	A3	Daniel Ofosu (M40)	Ashford AC	26.4
2	G3	Jon Munt (M40)	Central Park Athletics	27.0
3	B3	Jon Fish (M45)	Bexley AC	28.9
4	S3	Gary Walsh (M55)	Sevenoaks AC	33.4
	M3	Mark Rothery (M45)	Medway & Maidstone AC	dnf

M35 1500m

1	M3	Daniel St Martin	Medway & Maidstone AC	4:26.5
2	G3	Neil Arnould (M40)	Central Park Athletics	4:45.8
3	B3	Jon Fish (M45)	Bexley AC	4:55.8
4	A3	Richard Huckstepp (M40)	Ashford AC	5:00.1
5	S3	Gary Walsh (M55)	Sevenoaks AC	6:07.3

M35 2000m Walk

1	A3	Daniel Ofosu (M40)	Ashford AC	13:33.7
2	S3	Geoffrey Kitchener (M70)	Sevenoaks AC	13:57.4
3	M3	John Foster (M50)	Medway & Maidstone AC	14:27.0
4	G3	Robert Lenihan (M40)	Central Park Athletics	15:14.3
5	B3	Martin Jenner	Bexley AC	18:32.9

M35 High Jump

1	B3	Martin Lloyd (M40)	Bexley AC	1.95
2	A3	Peter Davey (M45)	Ashford AC	1.46
3	G3	Neil Arnould (M40)	Central Park Athletics	1.36
4	M3	Mark Rothery (M45)	Medway & Maidstone AC	1.26

M35 Shot

1	B3	Martin Lloyd (M40)	Bexley AC	9.89
2	M3	Mark Ryan (M40)	Medway & Maidstone AC	9.84
3	G3	Jon Munt (M40)	Central Park Athletics	8.90
4	A3	Daniel Ofosu (M40)	Ashford AC	8.69

M35 Javelin

1	M3	Mark Ryan (M40)	Medway & Maidstone AC	28.83
2	A3	Daniel Ofosu (M40)	Ashford AC	27.73
3	B3	Martin Jenner	Bexley AC	15.37

M50 200m

1	M5	Dean Parkinson	Medway & Maidstone AC	29.2
2	A5	Stephen Lake	Ashford AC	29.4
3	S5	Graham Dwyer	Sevenoaks AC	29.6
4	B5	Andy Whitnell (M55)	Bexley AC	29.8
5	G5	James Carney	Central Park Athletics	30.4

B String				
Pos	Club	Athlete	Club	Perf

1	A4	Peter Davey (M45)	Ashford AC	25.8
2	G4	Neil Arnould (M40)	Central Park Athletics	27.0
3	M4	Darren Wright (M45)	Medway & Maidstone AC	27.2
4	B4	Martin Jenner	Bexley AC	30.1
5	S4	Duncan Cochrane (M65)	Sevenoaks AC	38.9

1	M4	Darren Wright (M45)	Medway & Maidstone AC	4:57.0
2	B4	Martin Jenner	Bexley AC	4:58.6
3	G4	Robert Lenihan (M40)	Central Park Athletics	5:10.2

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Men - Division 2

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

M50 1500m

1	M5	Alun Rodgers (M55)	Medway & Maidstone AC	4:54.1
2	G5	Paul Cheeseman	Central Park Athletics	5:22.6
3	S5	Graham Dwyer	Sevenoaks AC	5:23.6
4	A5	Ian King	Ashford AC	5:43.3
5	B5	Tony Johnson	Bexley AC	5:51.9

M50 2000m Walk

1	M5	Barry Royden (M55)	Medway & Maidstone AC	13:33.9
2	G5	Gary Warner (M55)	Central Park Athletics	16:00.4
3	B5	Andy Whitnell (M55)	Bexley AC	16:02.6

M50 High Jump

1	G5	James Carney	Central Park Athletics	1.41
2	S5	Graham Dwyer	Sevenoaks AC	1.36
3	M5	John Foster	Medway & Maidstone AC	1.31
4	B5	Andrew Rushbrook (M60)	Bexley AC	1.26
5	A5	Stephen Lake	Ashford AC	1.11

M50 Shot

1	B5	Graham Holder	Bexley AC	11.26
2	A5	Stephen Lake	Ashford AC	7.91
3	M5	Wynn Howe (M60)	Medway & Maidstone AC	7.79
4	K5	Fred Webb (M55)	Swan & Dist/ Eynesford RC	6.56
5	S5	Duncan Cochrane (M65)	Sevenoaks AC	5.97
6	G5	Michael Cox (M75)	Central Park Athletics	3.50

M50 Javelin

1	M5	Stephen Rodwell (M55)	Medway & Maidstone AC	31.56
2	B5	Graham Holder	Bexley AC	26.38
3	G5	Gary Warner (M55)	Central Park Athletics	17.49
4	A5	Michael Goodall (M70)	Ashford AC	15.66
5	S5	Gary Walsh (M55)	Sevenoaks AC	8.17

M60 1500m

1	M6	Robert Fursey	Medway & Maidstone AC	5:38.3
2	A6	Kevin Williams	Ashford AC	6:03.5
3	S6	Duncan Cochrane (M65)	Sevenoaks AC	6:16.4
4	B6	John Gates	Bexley AC	6:27.0
5	G6	Alexander Valentino	Central Park Athletics	6:32.0

M60 Javelin

1	M6	Wynn Howe	Medway & Maidstone AC	31.33
2	B6	Andrew Rushbrook	Bexley AC	24.68
3	A6	Stephen Langford	Ashford AC	20.38
4	S6	David Simpson (M80)	Sevenoaks AC	10.92
	G6	Alexander Valentino	Central Park Athletics	nm

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Men - Division 2

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

Match Details

1	Medway & Maidstone AC	6	78
2	Bexley AC	5	65
3	Ashford AC	4	61
4	Central Park Athletics	3	55
5	Sevenoaks AC	2	36
6	Swan & Dist/ Eynesford RC	1	3

1	Medway & Maidstone AC	21	264
2	Bexley AC	20	250.5
3	Ashford AC	18.5	244
4	Central Park Athletics	12.5	193
5	Sevenoaks AC	7	104.5
6	Swan & Dist/ Eynesford RC	4	32

Mens Non Scoring Results

M35

1500m

Stuart Waterman (M40)	Dartford Harriers AC	4:31.5
Daniel Easton (M35)	Cambridge Harriers	4:47.9
Tim Sherman-Samuels (M40)	Tonbridge AC	5:07.4

M50

200m

Luca Ercolani (M50)	Blackheath & Bromley H AC	28.5
Christopher Leach (M50)	Tonbridge AC	29.3
Clem Leon (M65)	Blackheath & Bromley H AC	29.9
Tom Phillips (M65)	Blackheath & Bromley H AC	30.8

M60

1500m

Nicholas Varley (M50)	Dartford Harriers AC	5:09.5
Philip Coleman (M55)	Tonbridge AC	5:12.7
Barry Royden (M55)	Medway and Maidstone AC	5:37.4
Jonathan Wilson (M55)	Bromley Vets	5:40.3
Jason Short (M50)	Bromley Vets	5:50.6
Timothy Orr (M65)	Dartford Harriers AC	6:01.8

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

1	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	27.8
2	T3	Bethan Armory (W40)	Tonbridge AC - A	28.5
3	G3	Karolina Mykietyn (W40)	Central Park Athletics	29.1
4	D3	Rebecca Miah	Dartford Harriers AC	31.1
5	C3	Lisa Atkinson (W50)	Cambridge Harriers	35.1
6	B3	Sarah Dodds (W45)	Bexley AC	39.5

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Daniela Sage (W45)	Blackheath & Bromley H AC	29.2
2	T4	Suzanne Bachelor (W40)	Tonbridge AC - A	31.3
3	D4	Kalina Detko (W40)	Dartford Harriers AC	31.3
4	G4	Katy Munt (W40)	Central Park Athletics	35.3
5	C4	Joanna Parke (W45)	Cambridge Harriers	37.2

W35 1500m

1	T3	Harriet Woolley	Tonbridge AC - A	4:56.1
2	F3	Carole Coulon (W45)	Blackheath & Bromley H AC	5:03.3
3	D3	Tereza Grainger-Francova	Dartford Harriers AC	5:17.2
4	G3	Laura Bestow	Central Park Athletics	5:22.1
5	C3	Julie Backley (W50)	Cambridge Harriers	5:37.3
6	B3	Wendy Prowse (W45)	Bexley AC	7:19.3

1	T4	Nichola Evans (W40)	Tonbridge AC - A	5:05.0
2	F4	Katy Sugden (W45)	Blackheath & Bromley H AC	5:43.0
3	D4	Rebecca Miah	Dartford Harriers AC	5:59.7
4	C4	Joanna Parke (W45)	Cambridge Harriers	6:26.8
5	G4	Madalina Williams (W40)	Central Park Athletics	6:38.3
6	B4	Sarah Dodds (W45)	Bexley AC	7:58.4

W35 2000m Walk

1	T3	Grazia Manzotti (W50)	Tonbridge AC - A	10:30.8
2	C3	Rose Baker (W55)	Cambridge Harriers	12:49.2
3	B3	Christine Pates (W60)	Bexley AC	13:43.7
4	D3	Stephanie Rose Dann	Dartford Harriers AC	14:05.3
5	F3	Aurelia Osborne (W45)	Blackheath & Bromley H AC	14:22.7
6	G3	Kirsten Mcteer (W45)	Central Park Athletics	14:25.6

W35 Pole Vault

1	T3	Angie Crush (W45)	Tonbridge AC - A	2.10
2	F3	Jacqueline Montgomery (W55)	Blackheath & Bromley H AC	2.00
3	D3	Claire Capon	Dartford Harriers AC	1.90

W35 Javelin

1	T3	Charlotte Nicholls	Tonbridge AC - A	25.60
2	C3	Natalie Mann	Cambridge Harriers	19.42
3	B3	Zsuzsanna Racz (W40)	Bexley AC	17.83
4	D3	Claire Capon	Dartford Harriers AC	16.13
5	F3	Carole Coulon (W45)	Blackheath & Bromley H AC	9.03
6	G3	Kelly Noble (W45)	Central Park Athletics	8.22

W35 Shot

1	B3	Marianne Berndt (W40)	Bexley AC	10.28
2	T3	Charlotte Nicholls	Tonbridge AC - A	8.64
3	C3	Natalie Mann	Cambridge Harriers	7.44
4	D3	Claire Capon	Dartford Harriers AC	6.95
5	G3	Katy Munt (W40)	Central Park Athletics	6.13
6	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	5.75

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W50 200m

1	B5	Wendy Masters	Bexley AC	30.4
2	T5	Lisa Knight	Tonbridge AC - A	33.3
3	C5	Cara Oliver	Cambridge Harriers	36.3
4	F5	Rita Awatefe-Aydin	Blackheath & Bromley H AC	36.8
5	G5	Eden Summers (W55)	Central Park Athletics	39.5

W50 1500m

1	T5	Maria Heslop (W55)	Tonbridge AC - A	5:17.3
2	F5	Jennie Butler	Blackheath & Bromley H AC	5:42.0
3	C5	Cara Oliver	Cambridge Harriers	5:53.6
4	G5	Caroline Curtis	Central Park Athletics	6:13.0

W50 2000m Walk

1	T5	Diane Bradley (W60)	Tonbridge AC - A	12:18.8
2	F5	Jacqueline Montgomery (W55)	Blackheath & Bromley H AC	14:08.5
3	B5	Geraldine Legon (W60)	Bexley AC	15:56.5
4	C5	Christine Bond (W55)	Cambridge Harriers	16:04.2
5	G5	Janet Pyne (W75)	Central Park Athletics	17:46.8

W50 Pole Vault

1	D5	Teresa Eades (W60)	Dartford Harriers AC	1.90
2	F5	Anne Cilia (W60)	Blackheath & Bromley H AC	1.50

W50 Javelin

1	T5	Sally Vine (W55)	Tonbridge AC - A	23.32
2	D5	Christine Clements (W70)	Dartford Harriers AC	13.56
3	C5	Christine Bond (W55)	Cambridge Harriers	13.16
4	B5	Sam Ansell	Bexley AC	12.16
5	F5	Maureen Miller (W60)	Blackheath & Bromley H AC	8.51
6	G5	Janet Pyne (W75)	Central Park Athletics	7.65

W50 Shot

1	T5	Sally Vine (W55)	Tonbridge AC - A	7.22
2	C5	Cara Oliver	Cambridge Harriers	6.07
3	F5	Jacqueline Montgomery (W55)	Blackheath & Bromley H AC	5.88
4	D5	Teresa Eades (W60)	Dartford Harriers AC	5.41
5	B5	Sam Ansell	Bexley AC	5.19
6	G5	Janet Pyne (W75)	Central Park Athletics	4.26

W60 200m

1	F6	Helen Godsell (W65)	Blackheath & Bromley H AC	32.0
2	B6	Christine Pates	Bexley AC	38.1
3	G6	Ann Komzolik	Central Park Athletics	41.1
4	C6	Ros Tabor (W70)	Cambridge Harriers	42.8
5	T6	Sue James (W70)	Tonbridge AC - A	46.6

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W60 Shot

1	B6	Christine Pates	Bexley AC	6.34
2	T6	Diane Bradley	Tonbridge AC - A	6.25
3	D6	Christine Clements (W70)	Dartford Harriers AC	5.61
4	F6	Maureen Miller	Blackheath & Bromley H AC	5.57
5	G6	Ann Komzolik	Central Park Athletics	5.11
6	C6	Helen Jousselein	Cambridge Harriers	3.70

Match Details		Mt Pts	Pts
1	Tonbridge AC - A	6	81
2	Blackheath & Bromley H AC	5	65
3	Cambridge Harriers	4	47
4	Dartford Harriers AC	3	46
5	Bexley AC	2	43
6	Central Park Athletics	1	31

Overall Details		Tot Mt Pts	Tot Pts
1	Tonbridge AC - A	24	258
2	Dartford Harriers AC	15	176
3	Blackheath & Bromley H AC	14.5	184
4	Cambridge Harriers	13.5	168
5	Bexley AC	12	160
6	Central Park Athletics	5	126

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

1	M3	Rachel Hicks	Medway & Maidstone AC	29.7
2	J3	Rachel Perry (W45)	Bromley Vets	32.0
3	S3	Rebecca Pickard (W45)	Sevenoaks AC	32.4
4	N4	Sarah Westrap (W45)	Tonbridge AC - B	32.4

W35 1500m

1	M3	Chloe Hammond (W40)	Medway & Maidstone AC	5:25.0
2	S3	Rebecca Pickard (W45)	Sevenoaks AC	5:26.7
3	J3	Rachel Perry (W45)	Bromley Vets	5:46.5
4	N3	Laura Andrade (W40)	Tonbridge AC - B	5:57.0

W35 2000m Walk

1	N3	Laura Andrade (W40)	Tonbridge AC - B	13:23.4
2	J3	Marijana Urbany (W50)	Bromley Vets	13:45.2
3	M3	Chloe Hammond (W40)	Medway & Maidstone AC	14:19.7
4	P3	Elizabeth Bignell (W40)	Paddock Wood	16:28.7

W35 Pole Vault

1	P3	Elizabeth Bignell (W40)	Paddock Wood	1.70
2	N3	Selina Hawker (W45)	Tonbridge AC - B	1.30
	M3	Rachel Hicks	Medway & Maidstone AC	nm

W35 Javelin

1	P3	Elizabeth Bignell (W40)	Paddock Wood	20.49
2	N3	Sarah Westrap (W45)	Tonbridge AC - B	16.29
3	S3	Rebecca Pickard (W45)	Sevenoaks AC	10.60
4	J3	Tracey Simmons (W45)	Bromley Vets	8.51
5	M3	Bernadette Harrop (W45)	Medway & Maidstone AC	6.62

W35 Shot

1	M3	Rachel Hicks	Medway & Maidstone AC	8.79
2	N3	Nina Ridge (W45)	Tonbridge AC - B	8.41
3	P3	Elizabeth Bignell (W40)	Paddock Wood	5.77
4	J3	Tracey Simmons (W45)	Bromley Vets	4.98

W50 200m

1	M5	Karen Cudmore	Medway & Maidstone AC	30.7
2	N5	Sasha Humphries	Tonbridge AC - B	37.4
3	K5	Amanda Rivett	Swan & Dist/ Eynesford RC	38.3

W50 1500m

1	M5	Karen Cudmore	Medway & Maidstone AC	5:41.4
2	N5	Sasha Humphries	Tonbridge AC - B	5:57.4

B String				
Pos	Club	Athlete	Club	Perf

1	N3	Nina Ridge (W45)	Tonbridge AC - B	32.4
2	J4	Joanne Kelly (W45)	Bromley Vets	32.9
3	M4	Bernadette Harrop (W45)	Medway & Maidstone AC	33.1

1	M4	Taryne McPherson (W45)	Medway & Maidstone AC	5:30.7
2	J4	Joanne Kelly (W45)	Bromley Vets	6:12.9
3	N4	Eva Kolivoskova-Martin (W45)	Tonbridge AC - B	6:29.0

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W50 2000m Walk

1	M5	Karen Cudmore	Medway & Maidstone AC	14:17.2
2	N5	Geraldine Jee	Tonbridge AC - B	16:04.6
3	J5	Jeanette Elven (W60)	Bromley Vets	16:35.9
4	P5	Teresa Hinton (W60)	Paddock Wood	17:30.5

W50 Javelin

1	N5	Sasha Humphries	Tonbridge AC - B	15.21
2	P5	Teresa Hinton (W60)	Paddock Wood	11.67
3	M5	Karen Cudmore	Medway & Maidstone AC	9.22
4	J5	Marijana Urbany	Bromley Vets	6.72
5	K5	Selena Guerny	Swan & Dist/ Eynesford RC	5.52

W50 Shot

1	N5	Sasha Humphries	Tonbridge AC - B	6.26
2	M5	Karen Cudmore	Medway & Maidstone AC	6.21
3	K5	Selena Guerny	Swan & Dist/ Eynesford RC	5.55
4	J5	Marijana Urbany	Bromley Vets	2.97

W60 200m

1	J6	Anne Unseld (W70)	Bromley Vets	43.4
---	----	-------------------	--------------	------

W60 Shot

1	P6	Teresa Hinton	Paddock Wood	6.68
2	J6	Anne Unseld (W70)	Bromley Vets	3.65

Match Details			Mt Pts	Pts	Overall Details			Tot Mt Pts	Tot Pts
1	Tonbridge AC - B		6	64	1	Medway & Maidstone AC		23	244
2	Medway & Maidstone AC		5	61	2	Tonbridge AC - B		19.5	195
3	Bromley Vets		4	51	3	Bromley Vets		17.5	163
4	Paddock Wood		3	33	4	Paddock Wood		11	105
5	Sevenoaks AC		2	13	5	Swan & Dist/ Eynesford RC		6	48
6	Swan & Dist/ Eynesford RC		1	10	6	Sevenoaks AC		5	31

SCVAC LEAGUE - KENT DIVISIONS - Norman Park, Bromley 23/06/2023

Women - Division 2

A String			
Pos	Club	Athlete	Club
		Perf	

B String			
Pos	Club	Athlete	Club
		Perf	

Womens Non Scoring Results

W35

200m

Jane Crawley (W45)	Dartford Harriers AC	32.0
--------------------	----------------------	------

1500m

Sarah Belaon (W40)	Blackheath & Bromley H AC	5:47.9
Georgiana Robitu (W35)	Ashford AC	6:02.8

2000m Walk

Kalina Detko (W40)	Dartford Harriers AC	15:33.1
--------------------	----------------------	---------

W50

1500m

Lisa Knight (W50)	Tonbridge AC	5:33.4
Rita Awatefe-Aydin (W50)	Blackheath & Bromley H AC	7:03.6
Maz Turner (W70)	Blackheath & Bromley H AC	dnf

W60

200m

Maz Turner (W70)	Blackheath & Bromley H AC	50.6
------------------	---------------------------	------