

SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 29/06/2009

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	F3	Matthew Richards (M105)	Blackheath & Bromley	23.4
2	C3	Dave Gardiner	Cambridge	24.4
3	D3	Terry Gibbs (M45)	Dartford A	26.7
4	J3	Philip Greenfield (M45)	Bromley Veterans	27.2
5	B3	Dave King (M40)	Bexley	28.0
6	M3	Gareth Williams (M40)	Medway & Maidstone	31.8

M35 1500m

1	C3	Dave Reader	Cambridge	4:24.9
2	D3	Andy Green (M40)	Dartford A	4:32.1
3	M3	Gareth Williams (M40)	Medway & Maidstone	4:33.6
4	F4	Mark Ellison (M45)	Blackheath & Bromley	5:10.7
5	B3	Kevin Winch (M45)	Bexley	5:12.8
6	J3	Paul Marshall	Bromley Veterans	5:19.3

B String				
Pos	Club	Athlete	Club	Perf

1	C4	Andy Knight (M40)	Cambridge	24.7
2	F4	Ricky Fox (M50)	Blackheath & Bromley	25.3
3	D4	Gary Capon (M45)	Dartford A	27.6
4	B4	Stephen Crane (M45)	Bexley	28.8
5	M4	Stuart Nice (M55)	Medway & Maidstone	37.9

1	C4	Mark Ashby (M45)	Cambridge	4:37.5
2	D4	Stuart Hancock	Dartford A	4:47.0
3	F3	Peter Hamilton (M60)	Blackheath & Bromley	5:16.4
4	J4	Christopher Marshall (M60)	Bromley Veterans	5:21.3
5	B4	Peter Griffiths (M45)	Bexley	5:39.8
6	M4	Stuart Nice (M55)	Medway & Maidstone	6:07.2

4x400m Relays

1	C3	Cambridge	Dave Gardiner, Dave Reader, Mark Ashby, Andy Knight	3:44.3
2	F3	Blackheath & Bromley	Ricky Fox, Nigel Keogh, Matthew Richards, Paul Byfield	4:04.5
3	D3	Dartford A	Terry Gibbs, Andy Green, Gary Capon, Tim Orr	4:09.5
4	J3	Bromley Veterans	Philip Greenfield, Ray Chapman, Christopher Marshall, Paul Marshall	4:24.4
5	B3	Bexley	Dave King, Nick Winfield, Kevin Winch, Stephen Crane	4:27.8

M35 High Jump

1	D3	Gary Capon (M45)	Dartford A	1.60
2	B3	John Bancroft (M45)	Bexley	1.55
3	J3	Philip Greenfield (M45)	Bromley Veterans	1.45
4	M3	Stuart Earl	Medway & Maidstone	1.40
5	C3	Jim Collis	Cambridge	1.00
5	F3	Mike Martineau (M60)	Blackheath & Bromley	1.00

M35 Javelin

1	F3	Daryl Brand (M45)	Blackheath & Bromley	58.23
2	D3	Lez Fernandez	Dartford A	34.81
3	M3	Stuart Earl	Medway & Maidstone	34.36
4	B3	Graham Holder	Bexley	33.93
5	J3	Philip Greenfield (M45)	Bromley Veterans	32.60
6	C3	Gwyn Samuel (M45)	Cambridge	20.05

M35 Shot Putt

1	F3	Daryl Brand (M45)	Blackheath & Bromley	13.53
2	B3	Graham Holder	Bexley	11.12
3	M3	Stuart Earl	Medway & Maidstone	8.82
4	D3	Robert Hammond (M50)	Dartford A	8.32
5	C3	Gwyn Samuel (M45)	Cambridge	8.18
6	J3	Philip Greenfield (M45)	Bromley Veterans	7.86

M50 200m

1	F5	Tom Phillips (M55)	Blackheath & Bromley	25.7
2	C5	Ray Daniel	Cambridge	27.1
3	D5	Cab Ellis	Dartford A	27.3
4	B5	Gary Jones	Bexley	30.0
5	M5	Colin Carpenter (M55)	Medway & Maidstone	35.2
6	J5	Tony Unsel (M60)	Bromley Veterans	39.8

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B String				
Pos	Club	Athlete	Club	Perf

M50 1500m

1	F5	Tim Soutar	Blackheath & Bromley	4:40.7
2	C5	Ray Daniel	Cambridge	4:43.7
3	J5	Ray Chapman	Bromley Veterans	4:56.2
4	D5	Tim Orr	Dartford A	4:56.9
5	B5	Gary Jones	Bexley	4:57.1
6	M5	Colin Carpenter (M55)	Medway & Maidstone	6:24.5

M50 High Jump

1	D5	Cab Ellis	Dartford A	1.40
2	B5	Nick Winfield	Bexley	1.30
2	C5	John Murphy	Cambridge	1.30
4	F5	Alan Hardy	Blackheath & Bromley	1.25

M50 Javelin

1	F5	Steve Langdon (M50)	Blackheath & Bromley	47.78
2	D5	John Fenton (M50)	Dartford A	45.36
3	B5	John Stevens (M55)	Bexley	29.29
4	M5	Steve Hesketh (M55)	Medway & Maidstone	23.30
5	J5	Ray Chapman (M50)	Bromley Veterans	21.66
6	C5	John Murphy (M50)	Cambridge	13.22

M50 Shot Putt

1	D5	John Fenton (M50)	Dartford A	11.99
2	B5	John Stevens (M55)	Bexley	9.92
3	M5	Steve Hesketh (M55)	Medway & Maidstone	8.27
4	F5	Gordon Hickey (M75)	Blackheath & Bromley	8.13
5	J5	Tony Unseld (M60)	Bromley Veterans	6.62
6	C5	John Murphy (M50)	Cambridge	6.35

M60 200m

1	B6	Lee Brown	Bexley	28.1
2	D6	Mike Nunn	Dartford A	28.9
3	J6	Christopher Marshall	Bromley Veterans	30.2
4	F6	Mike Martineau	Blackheath & Bromley	32.9
5	M6	Barry Parrott (M65)	Medway & Maidstone	34.1
6	C6	Barry Ferguson (M65)	Cambridge	36.7

M60 High Jump

1	C6	Barry Ferguson (M65)	Cambridge	1.25
2	F6	John Robinson (M65)	Blackheath & Bromley	1.25
3	D6	Mike Nunn	Dartford A	1.15
3	J6	Tony Unseld	Bromley Veterans	1.15
5	B6	Tony Garrett (M65)	Bexley	1.15

M60 Javelin

1	F6	Colin Brand (M70)	Blackheath & Bromley	35.23
2	B6	John Donaghey (M60)	Bexley	23.01
3	M6	Barry Parrott (M65)	Medway & Maidstone	19.23
4	D6	Mike Nunn (M60)	Dartford A	14.97
5	J6	Tony Unseld (M60)	Bromley Veterans	13.40
6	C6	John Godbeer (M70)	Cambridge	10.79

Match Details

	Mt Pts	Pts	
1	Blackheath & Bromley	6	74.5
2	Dartford A	5	71.5
3	Cambridge	4	58
4	Bexley	3	55.5
5	Bromley Veterans	2	35.5
6	Medway & Maidstone	1	35

Overall Details

	Tot Mt Pts	Tot Pts	
1	Blackheath & Bromley	23	286
2	Dartford A	21	265.5
3	Cambridge	15	211.5
4	Bexley	13	207.5
5	Bromley Veterans	7	138
6	Medway & Maidstone	5	125.5

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